

Paint your Heart and Soul 2021
Exuberance – Pat Rios



Supply List

This is the list of supplies I used on this class, but you don't need to use exactly the same items I list below. Use what you have at home and whatever you can afford.

- Canvas or any other water-resistant substrate of your choice
- White charcoal pencil if your canvas is black, OR black charcoal pencil if your canvas is white
- Ruler (for sketching with a grid)
- Water
- Flat brushes (large, medium, small)
- Palette knife
- Acrylic Paint (use whatever type and brand you have)
 - Titanium White
 - Quinacridone Magenta (or any hot pink)
 - Indian Yellow (or any medium yellow)
 - Cerulean Blue (or any light blue)
 - Ultramarine Blue
 - Van-Dyke Brown (or any dark brown)
 - Diarylide Yellow (or any orangey yellow)
 - Cadmium Red Light (or any medium red)